

PO Box Change

Due to the changes in personnel in our Finance team CMaD now has a new PO Box address. Please ensure that any correspondence, donations, etc. are now sent to:

PO Box 17124,
Tamworth,
B77 9NU
UK

May We Eat 2016

Luke Whitehorn

We'd like to thank you yet again for all of your support during this year's May We Eat fundraising effort. We were truly amazed at all of the fundraising events that have taken place and we are blessed to have such support. From bake sales to Gruffalo hunts, scooter rides to talent shows, May We Eat 2016 has already raised over £16,300 and counting! Thank you - and we hope you continue to support CMaD.



Aquafilters, Ghana

Melanie Ford

Mprim, in the Ashanti region of southern Ghana, is a village in a poor, rural area that had serious water problems. The people were relying on unsafe water from streams and ponds that didn't even look drinkable. Boreholes, dams and rain water collection were not viable solutions. There is, however, a good solution - hand held water filters, which turn polluted water into safe drinking water!

Working with an NGO called Ashanti Development, CMaD was able to provide 250 households with an Aquafilter each,

benefitting around 1000 people. The photo shows Mamme Hawa. Her verdict on the Aquafilter is,

"The filter is good. It makes us feel confident in the water we drink"

CMaD has worked with Ashanti Development over many years in this area of Ghana. With your help we have funded the provision of latrines, a corn starch mill and a posho mill - as well as the Aquafilters - all of which have significantly improved people's lives. Thank you!



CMaD Trustees

After many years of service, James Munday and Cheryl Gentle have retired from the CMaD Board of Trustees. We thank them for their hard work and quiet dedication.

We are delighted to welcome Esther Hemmings, who has taken over Cheryl's duties on the Finance team. The current CMaD trustees are:

Stuart Barrett (Horley)

Becky and Neil Brighthouse
(Manchester Old Trafford)

Gordon and Marian Dawes
(Ware)

Martyn East (Nottingham South)

Melanie Ford (Southampton)

Esther Hemmings (Tamworth)

Kate and Philip Lawrence
(Nottingham Jarvis Avenue)

Liz and Paul Lucas (Teignmouth)

Trevor Routledge
(Knowle and Dorridge)

Luke Whitehorn (Maidenhead)



CHRISTADELPHIAN

MEAL A DAY

Autumn
2016

www.meal-a-day.org

Post and Donations:
Christadelphian Meal a Day Fund
PO Box 17124,
Tamworth,
B77 9NU

Sign up for information and quarterly email updates:
info@meal-a-day.org

Keep up to date with our work on Facebook at
'Meal-a-Day (CMaD) UK'



Welcome to our Autumn 2016 newsletter.
We hope you enjoy reading about how you have helped CMaD to make a difference.

Proverbs 19 v 17 (NIV)

He who is kind to the poor lends to the Lord,
and he will reward him for what he has done.

Aid for Samburu, Kenya

Paul Lucas

The charity Aid for Samburu was formed following a documentary on BBC2 in March 2013 called 'Toughest Place to be a Farmer'. In the programme Richard Gibson, a dairy farmer from Devon, experienced living with the Samburu tribe in North East Kenya. Their farming revolves around herding cattle and goats in a very arid region. Access to water is a major issue both for the tribespeople and their animals - drought can leave them destitute.

Following the programme Richard and his wife Heather formed a charity, which has raised funds for a borehole with a network of tanks, pipes, solar powered pumps and supply points to support approximately 1600 people and their livestock. The scheme is due for completion in 2016 following the successful drilling of a borehole in October 2015.

Two of the CMaD trustees, who also live in Devon, know Richard and Heather and CMaD decided to underpin their early fund raising efforts with a grant of £2000. For more information go to www.aidforsamburu.org.uk



Samburu water point



Timboni Home is 20!

Paul Lucas

In 1989, in a village called Timboni, near Ikutha in Eastern Kenya, the seeds were sown of what has developed into the largest project supported by CMaD, in terms of annual revenue cost.

Timboni Tiva Children's Home opened 20 years ago and currently supports over 200 children at a cost of around £100,000pa. This article follows a timeline of its development from humbler beginnings.

1989: Purchase of site for goat farm - the 1990 CMaD newsletter reported "This is being established where there are some 20 brothers and sisters. Land has been obtained and a boma (a roofed enclosure) is being built and some 30 goats purchased. Goats can kid twice a year and the kids will be sold to produce income - and of course there will be supplies of milk. Advantages will also include assistance to the poorest of the community (there are a

number of orphaned or deserted children being cared for by them)... The involvement of the whole community will help to promote economic improvement.' Subsequently a meeting hall for the local Christadelphians was built on part of the site.

1995: Start made on orphanage - the first building on the one acre site was hexagonal, with a central courtyard for mothers and babies to relax in, and was completed in 1996. By this time HIV/AIDS was

ravaging the population and the development of the orphanage, supported by CMaD, was the response of local people to the need they saw in their community. About 40 children were being supported at this time. Water security soon became a big issue and a number of schemes were tried, including a sand dam in the nearby river bed to hold back subterranean water in the dry season.



A teenagers' hostel has been built, together with the first three classrooms, and 65 young people are currently attending the new school.



2000: Growth

- numbers at the Home were increasing. The children attended the local Primary School, which caters for ages 7-15, with some going on to live in hostel accommodation at secondary schools for children aged 15-18. Two dormitories, a dining hall and kitchen were established. Enough water was being pumped from the river bed using a wind pump to enable the development of a farm, producing fruit and vegetables for the children.

2005: Primary school improvements

- the number of children on site rose to 110 with a further 40 children in secondary schools, also supported by CMaD. The village primary school was in urgent need of improvement and additional classrooms. Generous additional funding enabled CMaD to fund this work.

2010: Transition into adult life

- it became apparent that children leaving secondary education needed support to enter adult life, and a transition programme was established. This has been a great success with young people able to become self sufficient following vocational or academic training. In following years the farm was expanded with a greenhouse, further irrigation and a fishpond to help generate food for the project.

2015: New High School

- the Director maintains close links with most of the children as they leave Timboni, but many would prefer to stay at the Home rather than board at secondary schools. The opportunity arose to develop a new High School for the Home and the local community, through a generous grant to CMaD for this purpose. A teenagers' hostel has been built, together with the first three classrooms, and 65 young people are currently attending the new school. A new chicken house has been established at the farm. Timboni Tiva Children's Home is an ongoing success story!

CMaD's objectives 2016-17

Gordon Dawes

Our mission is consistent: as a practical witness to our faith, we work to share our material blessings to help those in real need in the less developed parts of the world, until our Lord returns.

We fund sustainable, 'down to earth' local projects which promote agriculture and food production, or provide clean water, or basic healthcare and education. We also fund a number of orphanages and centres for disability. Presently we are funding 46 projects across 12 countries in Africa, providing for over 2700 children and over 700,000 meals a year!

These projects help to relieve the terrible effects of hunger, disease, disability, destitution and homelessness. Run well, they encourage community development in a spirit of sharing, learning, and service to others, reflective of the example of our Lord Jesus Christ.

Our current objectives are necessarily practical - to raise at least the £700,000 we need each year to cover our long term projects and key additional work, to maintain good quality feedback from all our projects, to ensure each project is well run through an appropriately skilled board, has plans in place for management succession and, ideally, provides a sound basis for CBM UK to build on youth and community witness to our faith. Where projects fall short of our expectations we work to improve them, or close them down in a responsible way.

